

Learning All The Time



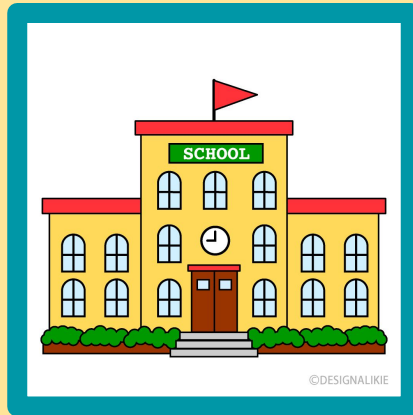
In school I learn a lot of different things.



My teacher is **Ms. Sarah**. She helps me learn all kinds of things like reading, counting and writing.



I take so many cool classes.



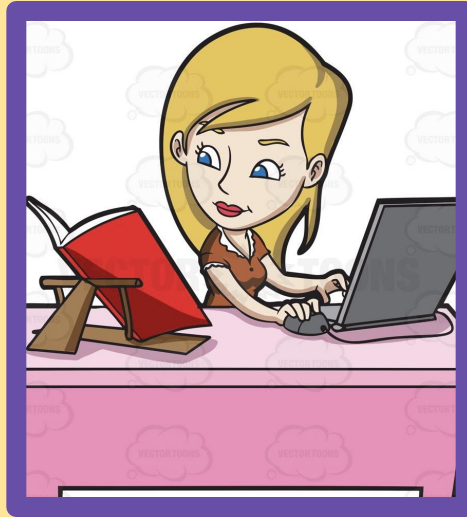
One class is called Vision class. My vision teacher is **Ms. Dawn**. She helps me learn how to look at things very carefully.



I am learning to tell my teacher if I ever have a hard time seeing anything. That's called self-advocacy.



In school I learn to use computers and iPads. I am getting very good at typing.



School is great fun. I have been star student of the week and star student of the month!



Another cool class I take is called Orientation and Mobility. We just call it mobility for short.



Miss Jill is my mobility teacher. I am learning to use a cane. But it's not like a candy cane that you eat.



My cane helps me find things on the ground that I might not be able to see. If my cane finds something first I won't trip on it. Nobody likes a stubbed toe!



Gym is another fun class. I like to dance and run. I can dance and have fun at home too!



In school I walk to many different rooms. I know how to get to every room in school. I walk to gym, the cafeteria, speech, OT/PT, vision, the office and my classroom. I sometimes practice walking on the ramp near OT/PT.



When I use my cane I sweep it in front of me.
That's called constant contact. I only move
it to about the width of my shoulders.



I don't always use the cane though. I don't need it in class or in my house. Sometimes I use something called hand trailing. That means I touch the back of my hand loosely to the wall as I walk. I have to keep my fingers relaxed and pointed down so they don't get caught on anything.



My cane folds up. If I don't need it, I can fold it up or hang it on a hook. I know how to fold my cane up easily!



Another way I sometimes get around is called sighted guide. That's when I take someone's elbow and walk with them. I can practice sighted guide at home with my family!



In school I practice carrying my lunch tray. I can practice that at home using a cookie sheet. Maybe that will give mom the idea to make cookies. They call that a win-win situation!



Now we are home for a little while. I can be a big help to mom. I can help her put the forks and spoons away. I can help mom match socks and put laundry away.



Even though I kind of miss school it's ok.
There are lots of things to learn every day no
matter where I am!



The End!