

# Lighthouse Guild Teen Group for Juniors and Seniors



## Chat with other teens around the country!

We have a free telephone support group for high school juniors and seniors who are blind and visually impaired from around the country to discuss high school and college life.

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You will have the opportunity to talk about common social, emotional, academic, and practical concerns connected with high school and college and having a vision impairment. Some of the subjects we discuss include:

- Driving/mobility
- Traveling at night
- Dating/social life
- Preparing for college
- Career goals
- Assistive technology

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Groups are led by **Daria Zawadzki, JD, LMSW**, a licensed social worker. Groups meet twice a month on the phone (**toll-free**). The meetings start **September, 2019**. Groups will be small and everyone will have the opportunity to take part. Guest speakers will also share their knowledge and experiences.

**For more information or to enroll in a tele-support group**  
800-562-6265 • [teengroups@lighthouseguild.org](mailto:teengroups@lighthouseguild.org)  
[lighthouseguild.org/teensupport](http://lighthouseguild.org/teensupport)