

# TEEN GROUP

## Lighthouse Guild Tele-Support Network



## Chat with other teens around the country!

We have a free telephone support group for high school students in 9th and 10th grades who are blind and visually impaired.

Talk with other teens who are visually impaired from around the country about school, relationships, and whatever is on your mind. Some of the subjects we discuss include:

- Mobility
- Assistive technology
- Dating/social life
- School experience
- Career interests
- Scientific/medical advances



I liked how the calls were laid back and relaxed. I would definitely recommend that all blind and visually impaired high school students join these calls—you will enjoy them!”

—Ilire, a high school senior  
in the Teen Tele-Support Group



Thanks to Daria for creating an innovative space for blind or visually impaired teens to connect and learn from each other and from guest speakers.”

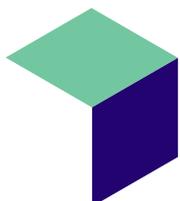
—Rocco,  
a Teen Tele-Support Group alum

Groups are led by **Daria Zawadzki, JD, LMSW**, a licensed social worker. Groups meet twice a month on the phone (**toll-free**). The meetings start in **September, 2019**. Everyone will have the opportunity to take part.

For more information or to enroll in a tele-support group

**800-562-6265 • [teengroups@lighthouseguild.org](mailto:teengroups@lighthouseguild.org)**

**[lighthouseguild.org/teensupport](http://lighthouseguild.org/teensupport)**



**Lighthouse  
Guild**

**[lighthouseguild.org](http://lighthouseguild.org)  
800-284-4422**