

# ECC@Home Challenge: Social Skills

## Student Activities

- Create a list of characteristics of a good friend
- Invite a friend over for a game night
- Make a list of nonverbal communication skills you need to work on-pick 1 to improve
- Write an email to a friend or teacher giving them a compliment
- Attend a social event at school or in the community
- Demonstrate how to get someone's attention without interrupting
- Practice a natural smile/pose for pictures- send us a picture
- List someone you view as a role model and tell why

## Family-Style Concept Practice

- Have a family joke telling night-discuss appropriate humor
- Have your child invite a friend over for a playdate/meal-talk about how it went
- Evaluate your child's table habits/meal skills
- Create a family text group and use/model appropriate pleasantries
- Discuss private versus public behaviors
- Discuss internet safety in regards to social media
- Have a family game night and talk about ways to be a good sport when losing
- Talk to your child about a time they felt left out-what could they change for next time?

## Parent Activities

- Attend 'Holiday Happenings' on the MSB campus 12/8/24!
- Let your child introduce themselves to a trusted adult
- Volunteer for a fun adult activity in your community
- Exchange phone numbers with another parent at your child's school.

## Link Resources

- [Video Link](#)
- [Live Binder Link](#)
- [Read About Social Skills on the Perkins Website](#)

## Challenge Submission



December RAFFLE PRIZE: \$50 Dollar Tree Gift Card

**DECEMBER CHALLENGE SUBMISSIONS DUE: JANUARY 3, 2025 (to be eligible to win!)**

# I Can Make Friends and Meet New People