

ECC @ Home: September Challenge O&M

Student Activities:

- Walk around the perimeter of your house/yard & make a mental map
- Practice saying your home address or locating an address in your neighborhood.
- Find the center of a store or the mall.
- Label landmarks and clues in your home or your neighborhood
- Clean your room: vacuum using a grid pattern or similar technique
- Count the streetlights or signs in your neighborhood or on your street.
- Describe the shape of 3 objects at home or on routes that you travel.
- Gather materials and create a tactile map

Family Concept Practice:

- Practice using cardinal directions to find something
- Use clockface to explain where something is
- Identify 2-3 landmarks in your neighborhood
- Identify 2 orientation clues in your house or neighborhood
- Locate and explore a tactile map in your community
- Play Simon Says together
- Find broken or raised sidewalks in your community
- Create a tactile map of your home together.

Parent Only Activities:

- Attend the Parent Pop In (Virtual) on 9/17/2024
- Download the MTA Mobility Application.
- Have your child explain cardinal directions to you.
- Play follow the leader- have your child lead!

Resource Links (do not count as entries if completed):

- Watch the Moment of Outreach Video: [Orientation & Mobility](#)
- Read Through the [Orientation & Mobility Resource Binder](#)

- Explore the [Parent Mobility Website](#).
- Email: OutreachECC@mdschblind.org for help!

DETAILS:

Submission Deadline For September: October 1

Prize Drawing: \$50 Amazon Gift Card

[Submission & Photo Upload Link](#)

Questions or Support Needed? OutreachECC@mdschblind.org